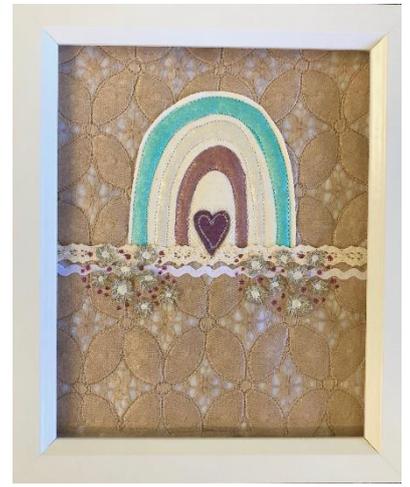


## BoHo Rainbow by Caroline Sharkey 2020

This little BoHo Rainbow project includes techniques like quilting, free motion stitching, raw edge applique and 3D water soluble work. It was designed as a quick easy project for a cute gift or to inspire other ideas using the processes in your own designs...



### Method

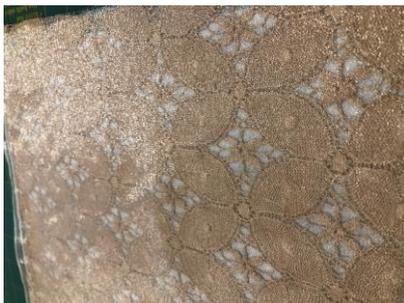
1. Start prep for the background, Position the sticky side of the white iron-on stabilizer onto the wrong side of the Beige lace background fabric, then press with a warm-hot iron to fuse this together, use a pressing cloth to protect your iron.



2. Now the lace background is stabilized you can press the fusible Pellon to the wrong side onto the white Vilene side, so that the lace is now three layers pressed together of lace, stabilizer and Pellon (iron-on thin wadding)



3. Position the sheer organza over the top of the lace background fabric and pin down.



This adds a sheen to the lace and blurs down some of the texture.



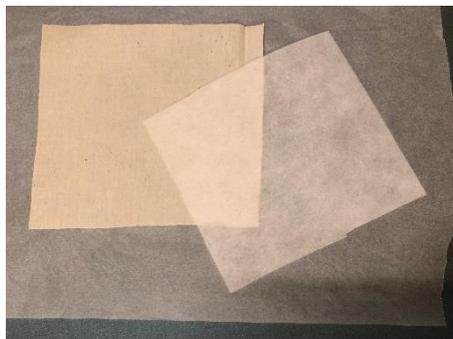
4. Fit the free motion foot or darning foot to your machine and drop the feed dogs. This will allow you to move your work and draw on the surface freely.

Audition your thread colours and try and get something similar to the surface so that stitching blends into the quilting as much as possible.

I used the lace design as my guide to stitch through all 4 layers and quilt the background together. The background is now prepared ready for the rainbow applique.



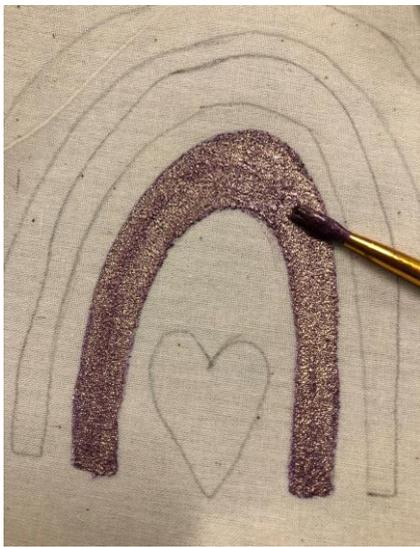
5. Iron the white stabilizer to the wrong side of the cream fabric to prep the rainbow fabric.



6. Position the cream stabilized fabric right side up over the drawing on the pattern sheet and trace the rainbow and heart shapes with a pencil, ready to paint.



7. Set up your paint area and paint the Rainbow areas choosing your own order of colours.



8. Prep the Heart fabric  
Cut the purple silk in half, peel the glue from the fusible web paper to position onto one piece of the purple fabric using the pressing cloth to protect your iron press this to fuse down, then position the glue side down onto the other piece of purple silk fabric and press again with your pressing cloth on top to fuse both pieces of fabric together. This gives the soft fabric so stability and also helps stop fraying.



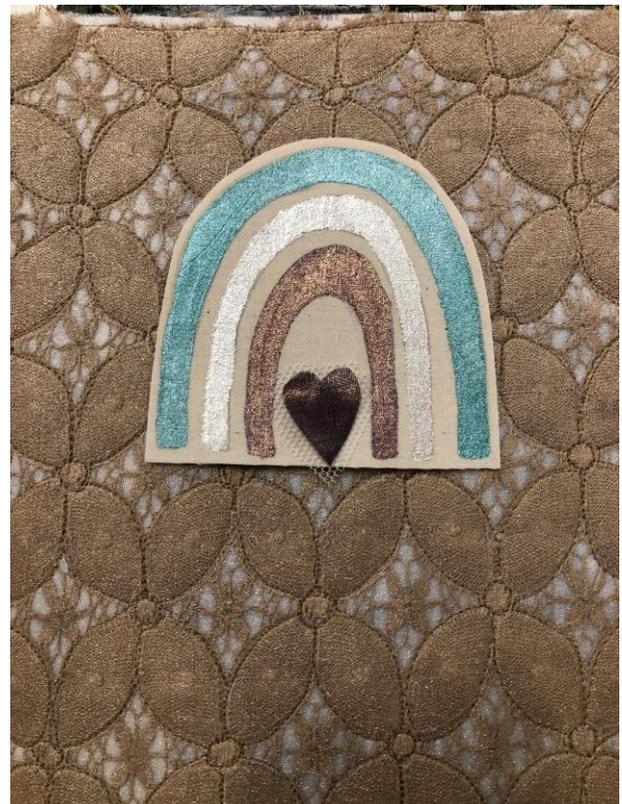
9. When the heart fabric is cooled position it over the heart drawing and trace it with a pencil through the layers and cut it out you can keep the leftover fused fabric for other projects.



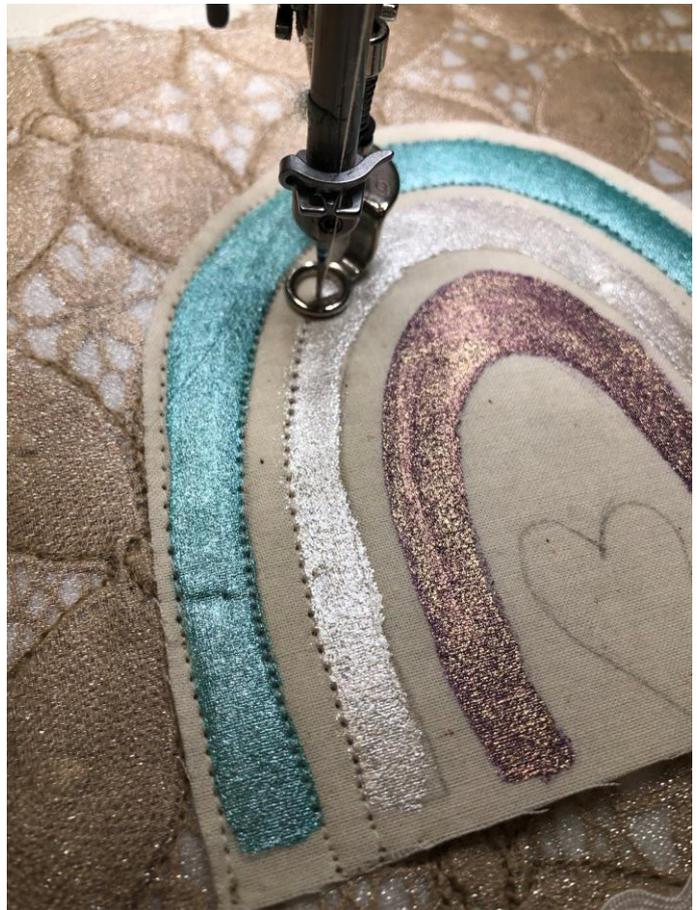
10. Position the heart onto the piece of net and cut around the shape leaving some net showing on the underside of the heart like a shadow.

11. Now the Rainbow paint is dry cut it out leaving enough cream fabric allowance on the outside edges for stitching around.

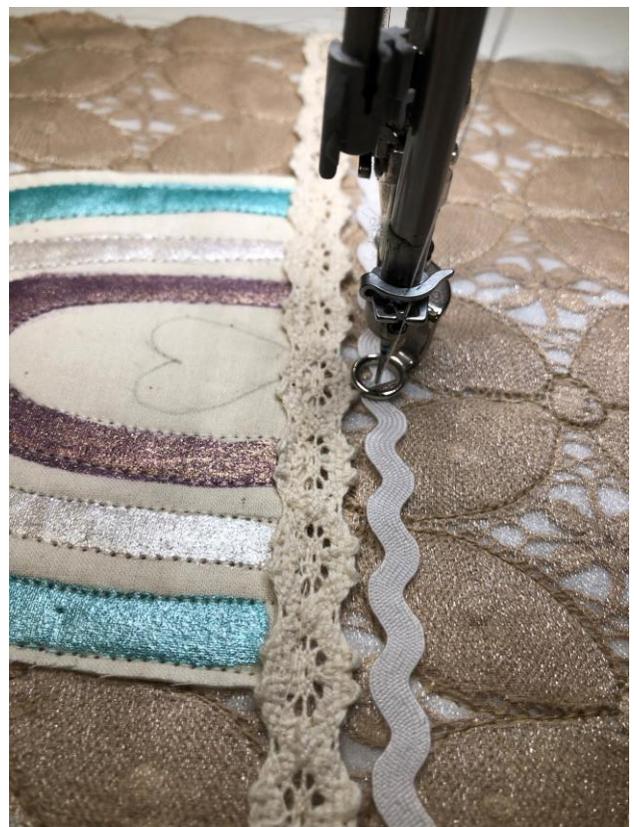
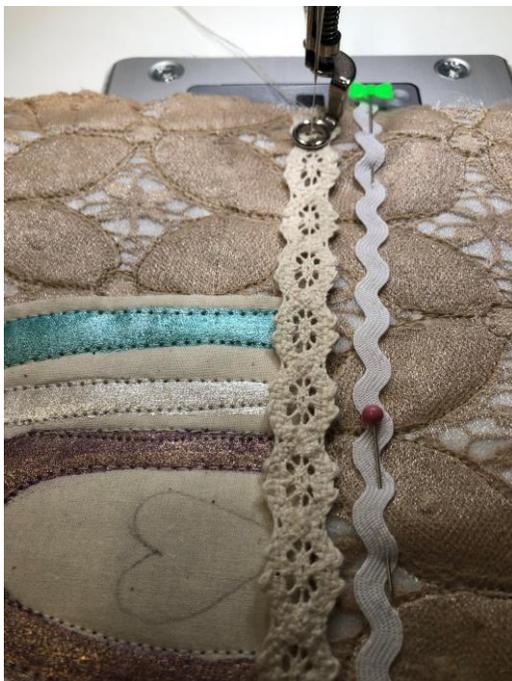
Position the Rainbow onto the prepared background and pin into position... You can change the layout to individualize your picture at this stage...



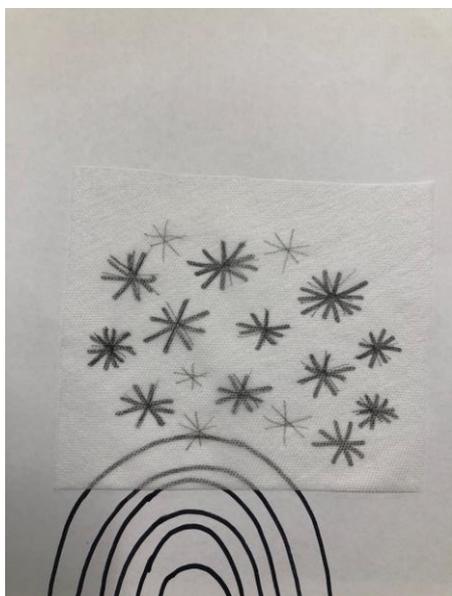
12. With cream thread stitch around the outer edges of the rainbow to applique it to the lace background, also draw up and around all the painted rainbow areas.



13. Position and pin the Lace and Ric Rak onto the lower edge of the Rainbow and stitch with similar colour thread to secure down.



14. fold and cut the water-soluble fabric into 4 pieces. On one piece trace the star like shapes (this is an option or just stitch these types of shapes straight onto the soluble). Reposition the drawn stars back onto the other water-soluble pieces ready to stitch.



15. With different thread colours on the machine top and bobbin stitch over the star shapes, going back and forth across the centre part to hold it all together, working your way around the star and getting thicker build-up of thread work.



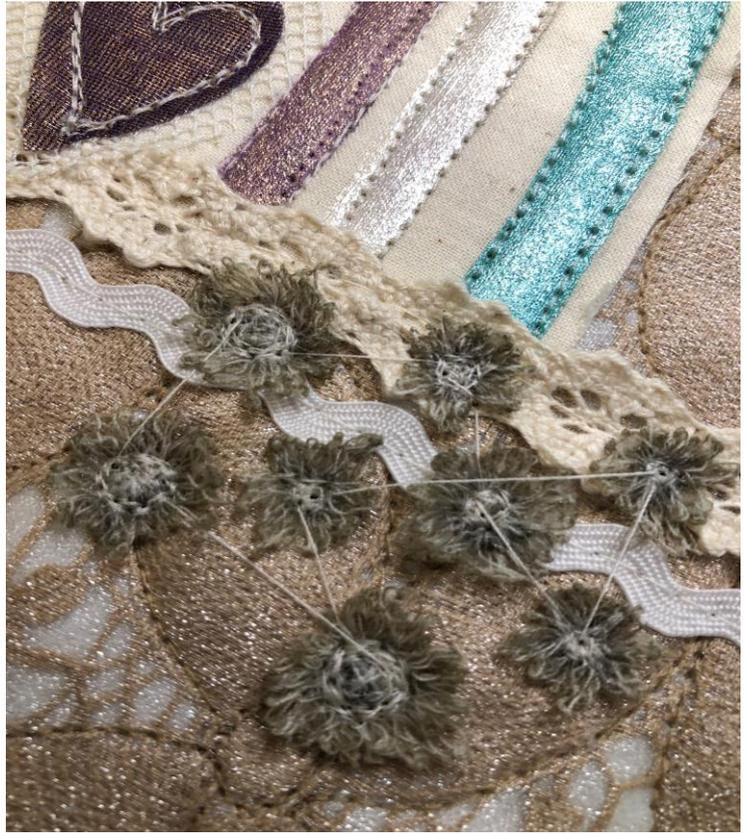
16. Soak the star like flowers in some warm water and let them sit to dissolve the layers of glue. Change the water and then rinse under the tap being careful not to let any go down the sink hole.



17. When they are dry and ready to audition on the bottom of the Rainbow then pin into place when you are happy with your placement. Position the heart into place and stitch as well.



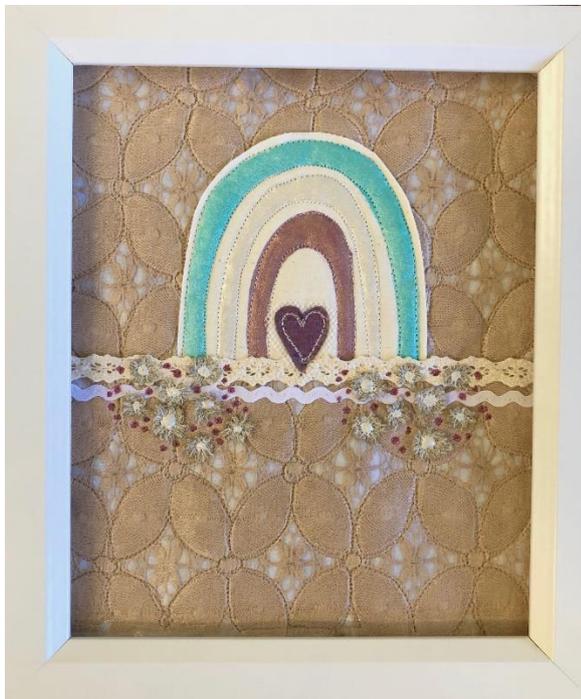
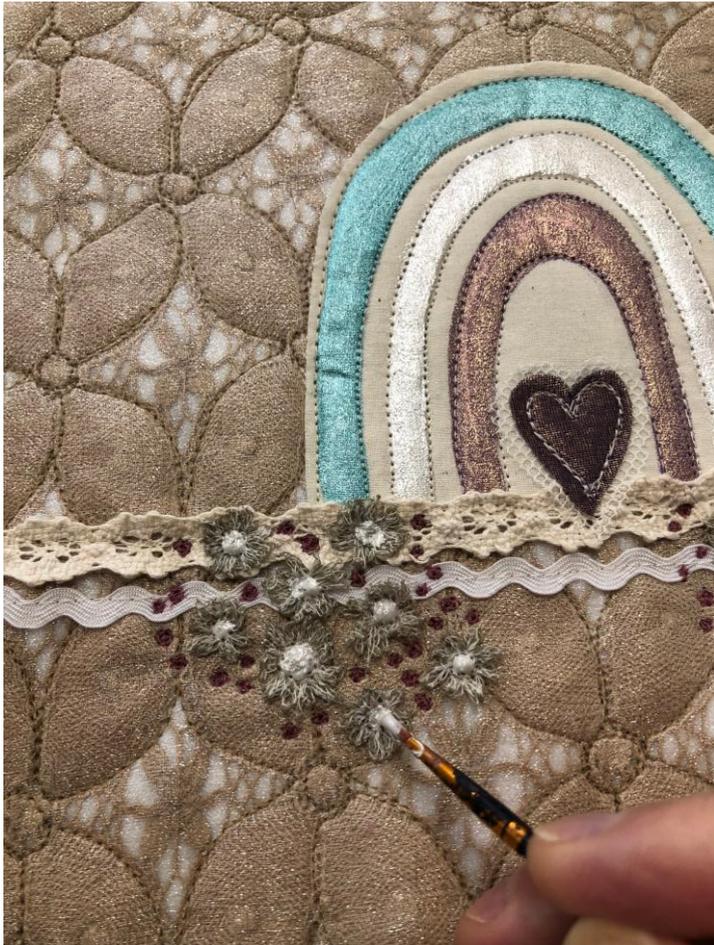
18. Stitching each flower centre in a circular movement lifting the foot each time and moving to each flower to secure them down, then clip off the threads between each flower so that they are all finished.



19. Optional decoration with pink thread. Stitching randomly around the flowers with a pink thread to add spots for extra decoration is an extra option to play with... cut all the thread tags off.



20. I decided to add some of the paint to the flower centres to finish them off.... This is optional but make sure it is all really dry before framing.



You are free to share this project information with your friends and sewing groups. Please remember that this is not for teaching as it is copyright to myself I hope you use it as inspiration to create your own individual projects. Thank you and Happy Stitching Caroline.

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